# No Smoking Policy

## Introduction

At Little Stars Preschool we are committed to promoting children's health and wellbeing. This is of the upmost importance for the Preschool.

Smoking has proved to be a health risk, and legislation, introduced on the 1st July 2007, makes it illegal to smoke in all public enclosed or substantially enclosed areas and workplaces.

This policy is written in line with sections 3.29 of the Statutory Framework for the Early Years Foundation Stage 2026

## Purpose and Scope

This policy is intended to protect the children's health from the direct effects of others smoking and to set positive role models to children and promote a healthy lifestyle.

This policy applies to both smoking and electronic cigarettes.

All persons must abstain from smoking/vaping while on the premises. This applies to:

- Staff: All permanent, temporary, and agency staff
- Students: Trainees, work experience students, and apprentices
- Parents and carers: During drop-off, collection, and any visits
- Contractors: Maintenance workers, delivery personnel, and service providers
- Visitors: All other persons entering the nursery premises including professionals and guests

This Policy Applies to the following locations:

- All Preschool/Church buildings: Internal spaces, entrances, and reception areas
- All outdoor areas: Gardens, playgrounds, car parks, and external storage areas
- Off-site activities: During outings, visits, and external events

## Legal Framework

This policy is based on:

- Health Act 2006: Smoke-free legislation prohibiting smoking in enclosed public places • Children and Families Act 2014: Additional restrictions on smoking in vehicles carrying children

- Early Years Foundation Stage (EYFS) 2024: Safeguarding and welfare requirements • Health and Safety at Work Act 1974: Employer duties to ensure workplace safety
- Equality Act 2010: Reasonable adjustments and non-discrimination
- UK Health Security Agency guidance: Current health advice on smoking and vaping

## Definitions

### Smoking

In the policy smoking refers to use of the following:

- Tobacco products: Cigarettes, cigars, pipes, roll-ups, and any other tobacco products
- Herbal cigarettes: Non-tobacco smoking products that produce smoke Vaping/E-cigarettes
- Electronic cigarettes: Battery-powered devices that heat liquid to create vapour
- Vape pens and pods: All forms of electronic nicotine delivery systems
- Heat-not-burn products: Devices that heat tobacco without combustion
- Disposable vapes: Single-use electronic cigarette devices

### Enclosed Areas

Enclosed areas include:

- All indoor spaces: Within Preschool/Church buildings including all rooms, corridors, and covered areas
- Covered outdoor areas: Any area with substantial roof coverage

## Procedures

We comply with health and safety regulations and the Welfare Requirements of the EYFS in making our Pre-school a No Smoking environment, operating a strict no smoking policy within its buildings and grounds.

- All staff, parents and volunteers are made aware of our No Smoking policy.
- We display No Smoking signs
- All persons must abstain from smoking while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.
- Staff who smoke do not do so during working hours; we do not provide employees with smoking breaks.
- Employees smoking outside their employment hours do not smoke in the immediate vicinity of the Pre-school.
- Staff must not smoke while wearing Preschool uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle.
- Staff accompanying children outside the Preschool, are not permitted to smoke.

- We also request that parents accompanying nursery children on outings refrain from smoking while caring for the children.

## Specific Restrictions

### Staff Requirements

Staff accompanying children outside the Preschool, are not permitted to smoke/vape during working hours or while in charge of children. Staff must not smoke/vape while wearing Preschool uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle.

### Staff supervision:

Staff are supervised to ensure:

- No smoking/vaping during any part of an outing
- No smoking/vaping in vehicles transporting children
- No smoking/vaping in view of children at any external venue

### Other people within the setting

All parents, visitors and contractors must:

- Be informed of the no smoking/vaping policy upon arrival
- Comply with the policy for the duration of their visit
- Be directed to designated areas off-site if they need to smoke/vape

## Enforcement And Compliance

### Signage Requirements

- Clear "No Smoking/Vaping" signs are displayed at all entrances
- Legal requirement notices are posted in prominent locations
- Multi-language signage is displayed where appropriate for community needs
- Regular inspection and replacement of damaged or faded signs Monitoring and Supervision

### Compliance

- Daily checks of premises are made for compliance
- Staff are responsible to politely remind visitors of the policy
- Incident reporting for any breaches of the policy
- Regular policy review with staff and management

### Non-compliance procedures for staff:

Where staff are found to be non-compliant with the policy

- In the first instance: Verbal reminder of policy requirements
- For repeated breaches: Formal disciplinary procedures are instituted as per the staff handbook
- Serious breaches may result in dismissal for gross misconduct

Support is offered for smoking cessation throughout process

### Non-compliance by parents, visitors or others

Where parents, visitors or others are found to be non-compliant with the policy, the following steps are taken

- A polite reminder of policy and legal requirements is given
- They are directed to off-site areas if smoking/vaping break is needed
- They are removed from the premises if non-compliance continues
- A report is made to the relevant authorities in the event of aggressive or persistent non-compliance

## Health And Safety Considerations

Risk Assessments should consider the following

- Fire safety: Reduced fire risk from elimination of smoking materials
- Air quality: Protection of children and staff from second-hand smoke and vapour • Chemical exposure: Prevention of harmful substance exposure
- Role modelling: Promotion of healthy behaviours for children Special Considerations
- Asthma and respiratory conditions: Protection of vulnerable children and staff
- Pregnancy: Additional protection for pregnant staff and visitors
- Sensory sensitivities: Consideration of children sensitive to smoke odours
- Allergies: Protection from reactions to tobacco or vaping chemicals Emergency Procedures
- Fire evacuation: Smoking materials do not compromise emergency procedures
- First aid response: No impairment from smoke or vapour in emergency situations

- Ventilation systems: Maintained air quality for health and safety

## SUPPORT FOR SMOKING CESSATION

We respect that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles.

We follow UK Health Security Agency advice and aim to help staff and parents to stop smoking/vaping by: Information and Resources by

- Providing factsheets and leaflets about the health risks of smoking and vaping
- Providing information of local help groups and support services
- Providing details of the NHS quit smoking helpline: https://www.nhs.uk/better-health/quit-smoking/
- Offering information regarding products that are available to help stop smoking/vaping

### Support Services

- NHS Stop Smoking Services: Information about local clinics and support groups
- Quitline support: 0300 123 1044 (free from landlines and mobiles)
- Online resources: Apps and websites for smoking cessation support
- Pharmacy services: Information about nicotine replacement therapy
- GP referrals: Guidance on accessing medical support for quitting Workplace Support
- Peer support groups for staff wanting to quit together
- Wellbeing programmes incorporating smoking cessation advice
- Recognition and celebration of quitting achievement

| Review / Version Control | | | | |
|---|---|---|---|---|
| Review period - 3 years | | | | |
| Version | Created | Reviewed | Initials | Changes |
| No Smoking Policy (v1.0) | 03/2020 | | DH / AP | |
| | | 10/21 | DHAP | |
| No Smoking Policy - Oct24 – v1.1 | 10/2024 | | DH AP | Changed template and version control.<br><br>Minor changes to wording and order. addition of Introduction header |
| No Smoking Policy – v2.0 | 10/2026 | | DH SH AP | Major re-write with more detail. |